# SPECIALTIES

GF A5 WAGYU NIGIRI TOPPED WITH HOKKAIDO UNI AND STURGEON CAVIAR (1 PC) \$30.00

GF CARPACCIO MIX (6PC) \$21.00 SALMON AND RED TUNA (3PC OF EACH)

GF SALMON CARPACCIO (6PC) \$21.00

GE RED TUNA CARPACCIO (6PC) \$22.00

GF GEISHA (4PC) \$25.00

TGF EMPURA SHRIMP, RED TUNA, SPICY SNOW CRAB MEAT, AVOCADO, ASPARAGUS. ROLLED IN A SOYA BEAN SHEET

GF HOTATE SHISO (2PC) \$25.00

GF TEMPURA SHISO TOPPED WITH AVOCADO, SPICY HOKKAIDO SCALLOP ABURI (TORCHED), SPICY SNOW CRAB MEAT, GF TERIYAKI, SESAME SEEDS

GF 4 OZ LOBSTER TAIL MAKI (6 PC) \$29.50

GF TEMPURA LOBSTER TAIL, RICE, SESAME SEEDS, AVOCADO, GF SPICY MAYONNAISF

GF ORA KING SALMON RAINBOW (8PC) \$33.00

ROASTED SEAWEED, RICE, SESAME SEEDS, LOBSTER MEAT, SNOW CRAB MEAT, SCALLION, GF TEMPURA MIX WITH SWEET SESAME SAUCE TOPPED WITH SPICY ORA KING SALMON ABURI (FLAME SEARED) AND JALAPENO

GF POLISHEDOFF'S SPECIAL (4PC) \$23.50

GF BATTERED CRISPY RICE TOPPED WITH AVOCADO, SPICY TUNA, SCALLION, MICRO CILANTRO, GF TERIYAKI SAUCE, SESAME SEEDS AND IALAPENO GF RAINBOW ABURI (TORCH) (8PC) \$29.00

ROASTED SEAWEED, RICE, SESAME SEEDS, GF TEMPURA SHRIMP, SPICY SNOW CRAB MEAT, AVOCADO TOPPED WITH SPICY JAPANESE FISH OF THE DAY ABURI (FLAME SEARED), GF TERIYAKI , TRUFFLE OIL AND TOPPED WITH SHREDDED FRIED SWEET POTATO

GF SALMON TEMPURA SASHIMI (6PC) \$22.00

FLASH FRY TEMPURA SALMON TOPPED WITH GF SPICY MAYONNAISE AND TERIYAKI, SESAME SEEDS, SCALLION, TRUFFLE OIL

GF RED TUNA TEMPURA SASHIMI (6PC) \$24.00

FLASH FRY TEMPURA RED TUNA TOPPED WITH GF SPICY MAYONNAISE, GF TERIYAKI, SESAME SEEDS, SCALLION, TRUFFLE

GF SHINKA'S CRUDO (6PC) (FISH OF THE DAY) \$24.00

HOKKAIDO SCALLOP OR HAMACHI, YUZU SOYA SAUCE TOPPED WITH
SHISO (JAPANESE MINT), FRIED GARLIC, SCALLION

GF SHINKA'S RAINBOW (8PC) \$30.00

RICE, SESAME SEEDS, SPICY RED TUNA MIX WITH GF TEMPURA, AVOCADO, MICRO CILANTRO ROLLED IN A SOYA BEAN SHEET, TOPPED WITH HOKKAIDO SCALLOP ABURI (FLAME SEARED)

GF SUSHI BITES (8PC) \$26.00

GF TEMPURA ROLL OF ROASTED SEAWEED, RICE, SESAME
SEEDS, COOKED SHRIMP, CREAM CHEESE TOPPED WITH
MIXTURE OF SPICY SNOW CRAB MEAT, SMOKED
SAI MON SCALLION, GF TERIYAKI SAILCE

GF VOLCANO (4PC) \$26.00

TEMPURA SWEET POTATO TOPPED WITH A MIXTURE OF MANGO, SPRING MIX, SPICY SNOW CRAB MEAT, SPICY JAPANESE FISH OF THE DAY, GF TERIYAKI, SESAME SEEDS

# APPETIZERS

GF AGEDASHI TOFU (6 PC) \$8.00

DEEP-FRIED TOFU, BONITO FLAKES, GINGER SOYA SAUCE

GF EDAMAME \$8.00

BOILED YOUNG SOYBEANS IN ITS SHELL, LIGHTLY SALTED

GF EBI TEMPURA (5 PC) \$15.00

GF TEMPURA SHRIMP SERVED WITH GINGER SOYA SAUCE

GF HOUSE SALAD \$6.50

SPRING MIX, CARROT, CUCUMBER, RED CABBAGE, WITH GF DRESSING, TOPPED WITH SESAME SEEDS

GF JAPANESE CALAMARI \$16.00
GF TEMPURA CALAMARI SEASONED WITH JAPANESE SPICE SERVED
WITH LEMON WEDGE AND GF SPICY MAYONNAISE

GF MISO SOUP \$7.00

FERMENTED SOYBEANS, BONITO BROTH, TOFU, SEAWEED, SCALLION

GF SEAFOOD MISO SOUP \$10.00

FERMENTED SOYBEANS, BONITO BROTH, TOFU, SEAWEED, SCALLION, SALMON, SHRIMP

GF NEW STYLE SASHIMI (6 PC) \$19.00

2PC SALMON, 2PC RED TUNA, 2PC SEA BASS TOPPED WITH SCALLION, MICRO CILANTRO, FRIED GARLIC, GF SOYA SAUCE

GF SEAWEED SALAD \$9.50

WAKAME, CUCUMBER, COOKED SHRIMP, VINAIGRETTE, SESAME
SEEDS

GF SWEET POTATO FRIES \$12.00

SWEET POTATO FRIES SEASONED WITH JAPANESE SPICE SERVED WITH GF SPICY MAYONNAISE

GF TEMPURA MIX (8 PC) \$16.00

GF TEMPURA SHRIMP, VEGETABLE SERVED WITH GINGER, GF

GF VEGETABLE TEMPURA (6 PC) \$13.00

GF SWEET POTATO, ZUCCHINI, ONION TEMPURA, GINGER, GF



# NIGIRI & SASHIMI

SPICY HOTATE GUNKAN \$11.50 SPICY LOBSTER GUNKAN \$13.50 SPICY MAGURO GUNKAN \$11.00 SPICY SAKE GUNKAN \$10.00

AS MIYAZAKI WAGYU NIGIRI (1PC) \$17.50

AKAMI | BLUEFIN TUNA NIGIRI \$12.50

CHU-TORO | MEDIUM FATTY BLUEFIN TUNA NIGIRI \$15.50

EBI | COOKED BUTTERFLY SHRIMP NIGIRI \$8.50

HAMACHI | YELLOWTAIL NIGIRI \$10.00

HOKKAIDO IKURA \$12.50

HOKKAIDO UNI | HOKKAIDO SEA URCHIN NIGIRI (1PC) \$17.50

HOTATEGAI | HOKKAIDO SCALLOP NIGIRI \$10.00

INARI | MARINATED FRIED TOFU NIGIRI \$7.00

ISAKI | JAPANESE GRUNT FISH NIGIRI \$12.50

ITOYORI | GOLDEN THEADFIN NIGIRI \$12.50

KANPACHI | AMBERJACK NIGIRI \$11.50

MADAI | JAPANESE RED SEA BREAM NIGIRI \$11.50

MAGURO | RED TUNA NIGIRI \$10.00

ORA KING SALMON NIGIRI \$11.50

O-TORO | FATTY BLUEFIN TUNA BELLY NIGIRI \$18.50

RISING SUN : SPICY BLUEFIN & QUAIL EGG 165

SAKE | SALMON NIGIRI \$9.00

SALMON BELLY ABURI (TORCH) NIGIRI \$11.50

SUZUKI | SEA BASS NIGIRI \$9.00 UNAGI |ROASTED FRESHWATER EEL NIGIRI \$10.50 UNI | SEA URCHIN NIGIRI \$12.50

AKAMI | BLUEFIN TUNA SASHIMI \$14.50 CHU-TORO | MEDIUM FATTY BLUEFIN TUNA SASHIMI \$17.50 EBI |COOKED BUTTERFLY SHRIMP SASHIMI \$10.50 HAMACHI | YELLOWTAIL SASHIMI \$12.00

> HOTATEGAI | HOKKAIDO SCALLOP SASHIM \$12.00 INARI | MARINATED FRIED TOFU SASHIMI \$8.50 ISAKI | JAPANESE GRUNT FISH SASHIMI \$14.50 ITOYORI | GOLDEN THREADFIN SASHIMI \$14.50 KANPACHI | AMBERJACK SASHIMI \$13.50

MAGURO | RED TUNA SASHIMI 512.00 MADAI | JAPANESE RED SEA BREAM SASHIMI 513.50 O-TORO | FATTY BLUEFIN TUNA SASHIMI 521.00 ORA KING SALMON SASHIMI 514.50

SALMON BELLY ABURI (TORCH) SASHIMI \$13,50 SAKE | SALMON SASHIMI \$11.00 SUZUKI | SEA BASS SASHIMI \$11.00 SHIMA AJI | STRIPED JACK SASHIMI \$15,50 UNI | SEA URCHIN SASHIMI \$15.00 UNAGI | ROASTED FRESHWATER EEL SASHIMI \$12.50

# SHINKA MAKI

## GF BUTTERFLY (8 PC) \$18.00

ROASTED SEAWEED, RICE, SESAME SEEDS, GF TEMPURA SALMON, COOKED SHRIMP, CUCUMBER, GF TERIYAKI TOPPED WITH SMOKED SALMON

## GF CALIFORNIA (8 PC) \$16.00

ROASTED SEAWEED, RICE, SESAME SEEDS, GF SPICY SNOW CRAB MEAT, AVOCADO,

## GF CHEF'S ROLL (8 PC) \$28.00

RICE PAPER ROLL WITH GF TEMPURA SHRIMP, SALMON, SPICY SNOW CRAB MEAT, GF TEMPURA, SPRING MIX, AVOCADO

#### GF DYNAMITE (8 PC) \$18.00

ROASTED SEAWEED, RICE, SESAME SEEDS, GF TEMPURA SHRIMP, GF TEMPURA SWEET POTATO, ASPARAGUS, GF SPICY MAYONNAISE, GF TERIYAKI

### GF DRAGON EYES (7 PC LIGHTLY FRIED) \$15.50

GF TEMPURA ROLL OF ROASTED SEAWEED, RICE, SESAME SEEDS, SALMON, SEA BASS, CARROT, SCALLION, TERIYAKI SAUCE, GF SPICY MAYONNAISE

## GF ELGIN (8 PC) \$16.00

ROASTED SEAWEED, RICE, SESAME SEEDS, GF TEMPURA SWEET POTATO, CREAM CHEESE, AVOCADO, SPRING MIX, GF SPICY MAYONNAISE

## GF KAMIKAZE (8 PC) \$21.00

ROASTED SEAWEED, RICE, SESAME SEEDS, GF
TEMPURA MIX WITH GF SPICY MAYONNAIRE,
SPICY SNOW CRAB MEAT, CUCUMBER, AVOCADO
TOPPED WITH SALMON

### GF LAURIER (8 PC) \$20.00

ROASTED SEAWEED, RICE. SESAME SEEDS, GF TEMPURA SHRIMP, AVOCADO, CUCUMBER, GF SPICY MAYO TOPPED WITH RED TUNA

## GF MONTREAL (8 PC) \$18.00

ROASTED SEAWEED, RICE, SESAME SEEDS,
SPICY SALMON MIX WITH GF TEMPURA, COOKED

#### GF OSAKA (8 PC) \$20.00

ROASTED SEAWEED, RICE, SESAME SEEDS, RED TUNA, COOKED SHRIMP, AVOCADO, CUCUMBER, TOPPED WITH

## GF PHILADELPHIA (8 PC) \$18.00

ROASTED SEAWEED, RICE, SESAME SEEDS, CREAM CHEESE, COOKED SHRIMP, AVOCADO, CUCUMBER, TOPPED WITH SMOKED SALMON

#### GF RAINBOW (8 PC) \$20.00

ROASTED SEAWEED, RICE, SESAME SEEDS, COOKED SHRIMP, CUCUMBER, AVOCADO, TOPPED WITH SALMON, SEABASS, COOKED SHRIMP, RED TUNA

#### GF SAKE MAKI (8 PC) \$10.00

ROASTED SEAWEED, RICE, SESAME SEEDS, SALMON

GF SAKE MAKI WITH AVOCADO (8 PC) \$10.50

# SAKE MAKI WITH AVOCADO

GF SAMURAI (7 PC LIGHTLY FRIED) \$20.00
GF TEMPURA ROLL OF ROASTED SEAWEED, RICE, SESAME
SEEDS, COOKED SHRIMP, SALMON, CREAM CHEESE, SPICY
SNOW CRAB MEAT, ASPARAGUS, TOPPED WITH GF TERIYAKI,
GF SPICY MAYONNAISE

#### GF SHANGHAI (8 PC) \$20.00

ROASTED SEAWEED, RICE, SESAME SEEDS, GF
TEMPURA SOFT-SHELL CRAB, CUCUMBER, AVOCADO,
GF TERIYAKI SAUCE, GF SPICY MAYONNAISE
GF SPICY CHICKEN (8 PC) \$16.00
ROASTED SEAWEED, RICE, SESAME SEEDS, GF TEMPURA
CHICKEN BREAST, CUCUMBER, SPICY MAYONNAISE



GF SPICY LOBSTER (8 PC) \$25.00
ROASTED SEAWEED, RICE, SESAME SEEDS, SPICY LOBSTER, ASPARAGUS, CUCUMBER, GF SPICY MAYONNAISF

GF SPICY SALMON (8 PC) \$16.00 ROASTED SEAWEED, RICE, SESAME SEEDS, SALMON, CUCUMBER, SCALLION, GF SPICY MAYONNAISE

GF SPICY SCALLOP (8 PC) \$23.00
ROASTED SEAWEED, RICE, SESAME SEEDS, HOKKAIDO
SCALLOP, SPICY SNOW CRAB MEAT, AVOCADO, GF
TEMPURA

GF SPICY SHRIMP (8 PC) \$20.00 ROASTED SEAWEED, RICE, SESAME SEEDS, COOKED SHRIMP, SPICY SNOW CRAB MEAT, AVOCADO, SPRING MIX, GF TEMPURA, GF SPICY MAYONNAISE

GF SPICY RED TUNA (8 PC) \$17.00 ROASTED SEAWEED, RICE, SESAME SEEDS, RED TUNA, CUCUMBER, SCALLION, GF SPICY MAYONNAISE

GF SPICY YELLOWTAIL (8 PC) \$17.00
ROASTED SEAWEED, RICE, SESAME SEEDS, HAMACHI,
CUCUMBER, SCALLION, CILANTRO, GF SPICY MAYONNAISE

GF TERIYAKI (8 PC) \$16.00

ROASTED SEAWEED, RICE, SESAME SEEDS, GF TEMPURA CHICKEN BREAST, SPRING MIX, GF TERIYAKI SAUCE

> GF TUNA KAMIKAZE (8 PC) \$23.00 ROASTED SEAWEED, RICE, SESAME SEEDS, RED TUNA, CRABSTICK, AVOCADO, CUCUMBER, TEMPLIER MASAGO, SPICY MAYONNAISE

GF TEKKA MAKI (8 PC) \$11.00

GF TEKKA WITH AVOCADO (8 PC) \$11.50 ROASTED SEAWEED, RICE, SESAME SEEDS, RED TUNA,

GF TEMPURA SAKE MAKI (8 PC) \$12.50 ROASTED SEAWEED, RICE, SESAME SEEDS, SALMON MIX WITH GF TEMPURA, GF SPICY MAYONNAISE,

GF TEMPURA SUZUKI MAKI (8 PC) \$12.50 ROASTED SEAWEED, RICE, SESAME SEEDS, SEA BASS MIX WITH GF TEMPURA. GF SPICY MAYONNAISE. SCALLION

GF TEMPURA TEKKA MAKI (8 PC) \$12.50
ROASTED SEAWEED, RICE, SESAME SEEDS, RED TUNA MIX
WITH GF TEMPURA, GF SPICY MAYONNAISE, SCALLION

# POKE BOWLS& RICE DISHES

GF ½ SALMON ½ RED TUNA POKE \$23.00 RICE, SESAME SEEDS, MARINATED SALMON AND RED TUNA, SPRING MIX, WAKAME SALAD, CUCUMBER, GF TEMPURA

GF HAWAIIAN POKE \$22.50 RICE, SESAME SEEDS, SPICY RED TUNA, SCALLION, WHITE ONION, SHICHIMI TOGARASHI, SESAME OIL

ONION RING, MANGO, GF TERIYAKI

GF LOBSTER POKE \$23.50 RICE, SESAME SEEDS, SPICY LOBSTER MEAT, SPRING MIX, COOKED SHRIMP, EDAMAME, GF TEMPURA, AVOCADO, CUCUMBER, GF TERIYAKI

GF RED TUNA POKE \$22.00
RICE, SESAME SEEDS, MARINATED RED TUNA, COOKED
SHRIMP, AVOCADO, WAKAME SALAD, EDAMANE BEAN, GF
TEMPURA, GF SPICY MAYONNAISE, CILANTRO

GF TEMPURA CHICKEN POKE \$20.00 RICE, SESAME SEEDS, GF TEMPURA CHICKEN, SPRING MIX, EDAMAME BEAN, CARROT, COOKED SHRIMP, CUCUMBER, GF SPICY MAYONAISE, GF TERIYAKI

GF TEMPURA SALMON POKE \$22.00
RICE, SESAME SEEDS, GF TEMPURA SALMON, SPRING MIX, RED
CABBAGE, CARROT, EDAMAME BEAN, MANGO, AVOCADO,
CUCUMBER, GF SPICY MAYONNAISE, GF TERIYAKI

GF TEMPURA SHRIMP AND SPICY SNOW

CRAB POKE \$25.00

RICE, SESAME SEEDS, GF TEMPURA SHRIMP, SPRING MIX, SPICY SNOW CRAB MEAT, EDAMAME, AVOCADO, CUCUMBER, GF SPICY MAYONNAISE. GF TERIYAKI

GF SALMON POKE \$20.00

RICE, SESAME SEEDS, MARINATED SALMON, AVOCADO,
EDAMAME BEAN, GF TEMPURA, RED CABBAGE,
COOKED SHRIMP, GF SPICY MAYONNAISE, CILANTRO

GF SPICY SALMON ABURI POKE \$24.00
RICE, SESAME SEEDS, SPICY SALMON ABURI, SPRING MIX,
EDAMAME BEAN, MANGO, GF TEMPURA ONION RING,
AVOCADO, CUCUMBER, GF TERIYAKIE

GF BENTO BOX CHICKEN KATSU \$34.00

JAPANESE-STYLE CHICKEN CUTLET WITH TERIYAKI
SAUCE, MISO SOUP, RICE, HOUSE SALAD, GYOZA, MIX
TEMPURA

GF CHICKEN TERIYAKI \$26.00
GF TERIYAKI MIXED WITH VEGETABLES STIR FRY, GRILLED
CHICKEN BREAST, SUSHI RICE AND SESAME SEEDS

GF SALMON TERIYAKI \$28.00 GF TERIYAKI MIXED VEGETABLES STIR FRY, GRILLED SALMON, SUSHI RICE, SESAME SEEDS

# ASSORTED SUSHIS

#### GF 34PC COMBO 114.5

EDAMAME, GF DRAGON EYES, GF SPICY SALMON, GF RAINBOW, SAKE BELLY (N), SPICY HOTATE GUNKAN, 2PC GF VOLCANO, GF NEW STYLE SASHIMI

#### GF 32PC PREMIUM \$165.5

EDAMAME, HOTATE SHISO, GF LOBSTER TAIL 8PC, GF RAINBOW ABURI, GF CARPACCIO MIX, AKAMI
FOIF GRAS, KANPACHI (N) MADAI (N)

### GF OMAKASE

CHEF'S CHOICE

PLEASE LET US KNOW IN THE NOTES IF THERE ARE ANY ALLERGIES AND IF THERE ARE ANY PREFERENCES IN FISH THAT YOU WOULD LIKE SO THAT WE CAN BETTER ACCOMMODATE YOUR ORDER. THE OMAKASE SERVES TWO BEFORE

